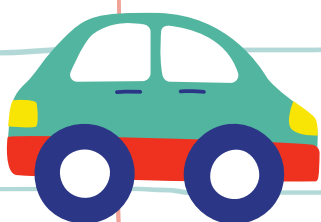
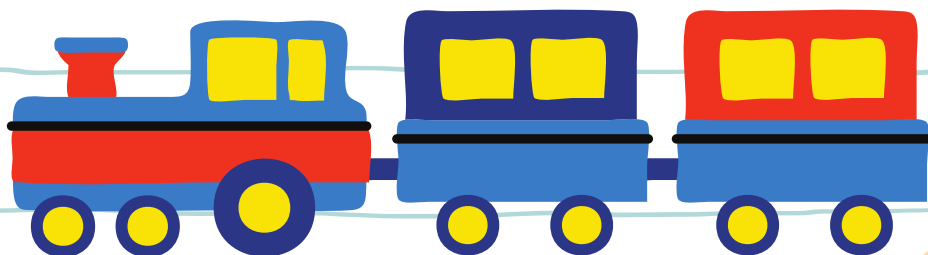


# GOLDEN BLOOM PRESCHOOL



**PLAY GROUP**



CURRICULUM (2025-2026)



# **Preschool Curriculum for Children**

## **Academic Year Plan**

### **Session 2025-2026**

#### **Month-wise Themes & Focus Areas**

- April: Awareness of Self & Positive Self-Concept
- May : Self-Regulation & Emotional Development
- June: Decision-Making & Problem-Solving
- July: Pro-Social Behavior (Caring, Sharing, Respect)
- August: Healthy Habits, Hygiene & Self-Protection
- September: Gross Motor Development
- October: Fine Motor Development & Eye-Hand Coordination
- November: Creativity & Expression through Arts
- December: Rhythmic Movements & Coordination
- January: Cognitive & Language Development
- February: Nature & Environmental Awareness
- March: Recap & Holistic Review



# **1. Awareness of Self & Positive Self-Concept**

- Recognizing one's name, gender, and family members
- Mirror activities and self-identification
- Role-play games (e.g., dressing up, introducing oneself)
- Storytelling about self-confidence and emotions

# **2. Self-Regulation & Emotional Development**

- Identifying emotions (happy, sad, angry, excited) through pictures and stories
- Breathing exercises for calmness
- Practicing patience in turn-taking games
- Daily routine and self-discipline charts

# **3. Decision-Making & Problem-Solving**

- Simple choice-making activities (e.g., selecting a toy, snack, or color)
- Puzzle-solving and shape sorting
- Role-play decision-making in daily scenarios
- Cause-and-effect storytelling

# **4. Pro-Social Behavior (Caring, Sharing, Respect)**

- Group play and cooperative activities
- Learning polite words (please, thank you, sorry)
- Pair activities (e.g., passing objects, helping a friend)
- Puppet shows on kindness and empathy

# **5. Healthy Habits, Hygiene & Self-Protection**

- Brushing teeth and handwashing demonstrations
- Dressing up and personal grooming practices
- Understanding personal safety  
(e.g., saying 'No' to strangers)
- Role-playing hygiene habits in daily routines



## **6. Gross Motor Development**

- Walking, running, and jumping exercises
- Obstacle courses and outdoor play
- Climbing, crawling, and balancing games
- Dancing and free movement activities

## **7. Fine Motor Skills & Eye-Hand Coordination**

- Threading beads and lacing activities
- Scribbling, coloring, and drawing simple shapes
- Paper tearing, pasting, and folding
- Clay modeling and dough play

## **8. Creativity & Expression through Arts**

- Painting and hand-printing activities
- Storytelling with picture cards
- Role-playing and dramatization
- Exploring different textures and materials

## **9. Rhythmic Movements & Coordination**

- Clapping games and finger rhymes
- Imitation of animal movements
- Dancing with music and movement songs
- Marching and simple gymnastic exercises



## **10. Cognitive Skills & Development**

- Observation & Identification: Matching objects, finding differences in pictures
- Memory Games: Flashcard games, repeating patterns
- Matching & Classification: Sorting objects by color, shape, size
- Patterns & Sequential Thinking: Arranging beads or blocks in a sequence
- Creative & Critical Thinking: Storytelling with open-ended questions
- Problem-Solving & Reasoning: Simple mazes, jigsaw puzzles
- Curiosity, Experimentation & Exploration: Simple science experiments like floating and sinking

## **11. Concept Formation**

- Colors & Shapes: Sorting activities, coloring worksheets
- Measurement (Size, Length, Weight, Height, Time): Comparing different-sized objects
- Spatial Sense: Playing with directional commands (e.g., left, right, up, down)
- One-to-One Correspondence: Matching numbers with objects

## **12. Number Sense**

- Counting & Numeral Recognition: Counting objects up to 10, tracing numbers
- Sense of Order: Counting ahead from a given number

### **13. Concepts Related to the Environment**

- Natural: Learning about animals, fruits, vegetables, and food through flashcards and nature walks
- Physical: Understanding elements like water, air, sun, moon, and seasons with experiments
- Social: Learning about family, transport, community helpers through role-playing

### **14. Sensory Development**

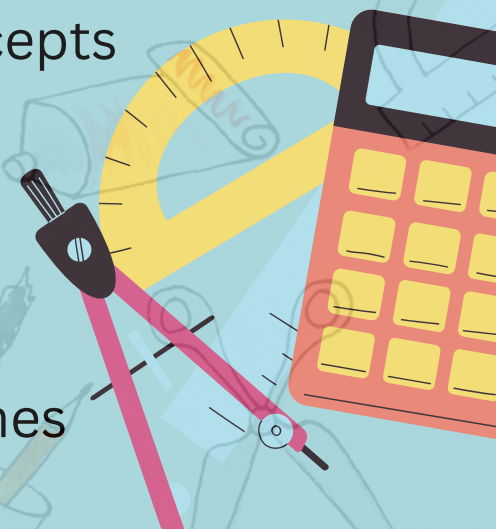
- Sight: Exploring colors and visual patterns
- Sound: Identifying sounds of animals, vehicles, and nature
- Touch: Feeling different textures (soft, rough, smooth)
- Smell: Identifying scents of fruits, flowers, and spices
- Taste: Tasting and distinguishing between sweet, salty, sour flavors

### **15. Subject-Specific Activities**

- Mathematics: Counting, sorting, number tracing, shape identification
- Hindi: Introduction to Hindi letters, picture-word association, rhymes
- English: Learning ABCs, phonics, simple word recognition, storytelling
- General Knowledge: Exploring seasons, festivals, community helpers, basic science concepts

### **16. Recap & Holistic Review**

- Revisiting key learnings of the year
- Engaging in free play and exploration
- Show-and-tell activities
- Graduation and celebration of milestones





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# **Golden Bloom Preschool**

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